

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Calendar Key:</b>  <b>VS=Vista Dining Room;</b>  <b>VL=Villa Dining Room (AL)</b>  <b>MAIN= Villa Main Dining Room</b></p>	<p>10:30 Coffee Social - VS  11:30 EXERCISE - VL  2:00 Coffee Social-VL  3:00 Afternoon Coffee Group -VS  7:00 BINGO - VS  7:00 Guest Speaker Dr. Blackstone - "How to Stay Younger your first 100 yrs"  <b>MAIN</b></p>	<p>2  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>2:00 - VL</b>  3:00 Afternoon Coffee Group -VS  6:30 Puzzles - VS</p>	<p>3  10:30 Coffee Social - VS  11:00 Music w/MyrtleVL  11:30 EXERCISE - VL  2:00 Resident Council-VS  6:30 BINGO - VL  7:00 Pinochle - VS</p>	<p>4  9:30 Bible Study - VL  12:00 Songs w/Clyde-VL  5:00 Annual Dinner - <b>MAIN</b></p>	<p>5  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>2:00- VL</b>  2:00 Pilates - VS  7:00 Pinochle - VS  7:00 MOVIE Night - VL</p>	<p>6  10:00 Coffee Social  2:00 Nails &amp; Beauty- VS</p>
<p>7  4:00 Vespers -MAIN</p>	<p>8  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>1:30 - VL</b>  3:00 Afternoon Coffee Group -VS  6:30 Resident Meeting - VS</p>	<p>9  9:30 Coffee Social -VS  11:30 EXERCISE - VL  <b>2:00 - VL</b>  3:00 Afternoon Coffee Group -VS  6:30 Puzzles - VS</p>	<p>10  10:30 Coffee Social - VS  11:00 Music w/MyrtleVL  11:30 EXERCISE - VL  2:00 Resident Council-VL  6:30 BINGO - VL  7:00 Pinochle - VS</p>	<p>11  9:30 Bible Study - VL  11:30 EXERCISE - VL  12:00 Songs w/Clyde-VL  3:00 Current Events-VS  6:30 BINGO - VL  7:15 Green Valley Homesteaders</p>	<p>12  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>2:00- VL</b>  2:00 Pilates - VL  7:00 Pinochle - VS  7:00 MOVIE Night - VS</p>	<p>13  10:00 Coffee Social  2:00 Nails &amp; Beauty - VL</p>
<p>14  4:00 Vespers -MAIN</p> <p>Daylight Savings Begins</p>	<p>15  10:30 Coffee Social - VS  11:30 EXERCISE - VL  2:00 Trivia -VL  3:00 Afternoon Coffee Group -VS  7:00 BINGO - VS</p>	<p>16  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>2:00 - VL</b>  3:00 Afternoon Coffee Group -VS  6:30 Puzzles - VS</p>	<p>17  7:00 St. Pat's Pancake Breakfast  10:30 Coffee Social - VS  11:00 Music w/MyrtleVL  11:30 EXERCISE - VL  2:00 Resident Council-VL  6:30 BINGO - VL  7:00 Pinochle - VS</p> <p>St. Patrick's Day</p>	<p>18  9:30 Bible Study - VL  11:30 EXERCISE - VL  12:00 Songs w/Clyde-VL  3:00 Current Events-VS  6:30 BINGO - VL</p>	<p>19  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>2:00- VL</b>  2:00 Pilates - VS  7:00 Pinochle - VS  7:00 MOVIE Night - VL</p>	<p>20  10:00 Coffee Social  2:00 Nails &amp; Beauty- VS</p> <p>First Day of Spring</p>
<p>21  4:00 Vespers -MAIN</p>	<p>22  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>2:00 -VL</b>  3:00 Afternoon Coffee Group -VS  7:00 BINGO - VS</p>	<p>23  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>2:00 - VL</b>  3:00 Afternoon Coffee Group -VS  6:30 Puzzles - VS</p>	<p>24  10:30 Coffee Social - VS  11:00 Music w/MyrtleVL  11:30 EXERCISE - VL  2:00 Resident Council-VL  6:30 BINGO - VL  7:00 Pinochle - VS</p>	<p>25  9:30 Bible Study - VL  11:30 EXERCISE - VL  12:00 Songs w/Clyde-VL  3:00 Current Events-VS  6:30 BINGO - VL</p>	<p>26  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>2:00- VL</b>  2:00 Pilates - VL  7:00 Pinochle - VS  7:00 MOVIE Night - VS</p>	<p>27  10:00 Coffee Social  2:00 Nails &amp; Beauty - VL</p>
<p>28  4:00 Vespers -MAIN</p> <p>Palm Sunday</p>	<p>29  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>2:00 -VL</b>  3:00 Afternoon Coffee Group -VS  7:00 BINGO - VS</p>	<p>30  10:30 Coffee Social - VS  11:30 EXERCISE - VL  <b>2:00 - VL</b>  3:00 Afternoon Coffee Group -VS  6:30 Puzzles - VS</p> <p>Passover</p>	<p>31  10:30 Coffee Social - VS  11:00 Music w/MyrtleVL  11:30 EXERCISE - VL  2:00 Resident Council-VL  6:30 BINGO - VL  7:00 Pinochle - VS</p>	 <p><b>March 2010</b>  <i>Northfield Retirement Communities Assisted Living</i></p>		

Activities are subject to change. Changes will be posted by the large activity calendar. All residents are encouraged to attend activities of their choice.

Family members of residents are welcome to participate in activities.